



KIRSTEN BECKERMAN

## Getting away from it all

Stepping inside the front door of **Robert Andrew – The Salon & Spa**, you may wonder how you got from the suburbs to the Italian countryside without ever setting foot on an airplane. The 22,000-square-foot Tuscan-themed destination salon and spa boasts a three-tiered fountain, 12 spa treatment rooms, two VIP suites, a pedicure suite, 26 styling stations, 16 hair color stations, a makeup area, spacious nail care rooms, and a private men's quarters, complete with steam room, showers, an "old-world" barbershop chair and ESPN. Among the state-of-the-art services are: specialized facials including Plisir Des Sens, a facial that incorporates five therapies into one complete experience; body treatments, such as Body Contour, a seaweed cellulite treatment that contours, revitalizes, and firms the skin; and wellness treatments, like Sensory Aromatherapy Massage, combining Swedish massage with aromatic essential oils. Visitors to Robert Andrew will also find top-of-the-line professional products designed to meet every beauty need, such as Ischia Thermae Cosmetics, SkinCeuticals, MD Formulations, Darphin, Molton Brown, Trucco, Bumble and Bumble, Aquage, BioIonic, and many others. At the Robert Andrew MedSpa (located nearby at 1151 Rt. 3 North (410) 721-7776) clients can take advantage of cutting-edge procedures like microdermabrasion, photofacial rejuvenation, and dermal fillers. With so many beauty solutions so close to home, you will find a reason to visit Robert Andrew often. *Robert Andrew – The Salon & Spa, 1328 Main Chapel Way, Gambrills (410) 721-3533, www.RobertAndrew.com* —C.P.

## More Than skin deep

Though the salon-and-spa concept is nothing new, there's something to be said for a place that's so inviting and relaxing you never want to leave. That's what you'll find at **David Alexander Salon & Spa**. Traditional salon services are offered, along with exclusive Esthederm face and body treatments designed to turn back skin's biological clock. Other treatments—such as deep pore cleansing, microdermabrasion, hand rejuvenation, and ear candling—target problem areas, while massages and specialty services pamper and promote a sense of well being. To stay on the cutting edge, David Alexander Salon & Spa introduces new products and services. One is the PerfectSense Paraffin treatment. While the idea of dipping your hands into hot wax during a manicure may sound like a luxury, the truth is that communal paraffin dips can be a breeding ground for bacteria and fungus. That's why David Alexander started using PerfectSense Paraffin. The single-use, disposable treatment heats up naturally, and melts directly into sealed gloves or slippers. It exfoliates, moisturizes, and protects, while releasing a lavender-scented vapor, so you leave feeling smooth and relaxed without the risk of fungus or bacteria. Another service recently introduced at the spa is a combination Reiki and Swedish/Deep Tissue Massage. Reiki is believed to alleviate pain and boost the immune system through the channeling of energy. For the latest products and services in a serene spa setting, schedule a visit today. *David Alexander Salon & Spa, 130 Lubrano Drive, Annapolis (410) 224-0519, www.dasalonandspa.com*

—Cary Pierson

### Hot Product

David Alexander Salon & Spa now offers GHD styling irons, including the GHD Limited-Edition Styling Iron in hot pink. GHD styling irons use ceramic technology that conducts heat in just seconds, and locks in moisture, natural oils and hair color for total hair protection. Hair can be styled straight or with luscious curls and twists in just minutes.



### Hot Product

Since 1892, Ischia Thermae has been harnessing the power of the natural goodness of the Island of Ischia, off the coast of Naples. The transformative products are now available at Robert Andrew – The Salon & Spa. Ischia Thermae uses the properties of clay together with the thermal waters found on Ischia to create an exclusive thermal skin treatment program that combats and prevents aging.

## A path to wellness

Sure, we've all heard of massage therapy and acupuncture, but when is the last time you heard of someone visiting an iridologist or Reiki master? At **Meadow Hill Wellness**, you can choose from a variety of services—both conventional and alterna-

tive—that promote health and wellness. Take, for example, the infrared sauna, which is said to support cardiovascular conditioning, weight control, and pain relief. Or imagine using Chinese herbs to strengthen, build, and support the body. Another service is iridology, the study of the patterns, colors, and other characteristics of the iris in the eye, in order to gather information about an individual's health. Along with the lesser-known techniques,

Meadow Hill offers more conventional wellness services like nutritional counseling and hypnotherapy, as well as facials that are organic and paraben free. Ultimately, Meadow Hill's goal is to apply the most appropriate therapies to achieve optimal wellness in the minds, bodies, and souls of its patients. *Meadow Hill Wellness, 207 Ridgely Avenue, Annapolis (443) 433-5535, www.meadowhillwellness.com* —Jill Rothstein



10% of proceeds purchased on Mondays will be donated to restoring Kent Island Federation of Art.



  
CHESAPEAKE LASER  
and Skin Care Center



- Laser Hair Removal
- Photorejuvenation – IPL
- Anti-Aging Collagen Remodeling
- Microdermabrasion
- Botox®
- Restylane®
- Laser Acne Treatment
- Sclerotherapy

For a free consultation with photo analysis

CALL TODAY: 888.816.SKIN

Serving Annapolis and the Eastern Shore.  
Just 2 minutes from the Chesapeake Bay Bridge.

115 Sallitt Drive, Suite A  
Stevensville, MD 21666

Visit our web site for our specials  
[www.chesapeakelaser.com](http://www.chesapeakelaser.com)